

THE HALZEPHRON INN

Gunwalloe, Helston, Cornwall, TR12 7QB
01326 240406

STARTERS AND LIGHT BITES

Homemade soup of the day served with a bread roll and butter.
Small - £6.25 Large - £7.50

Chowder of Cornish seafood served with a bread roll and butter.
Small - £8.95 Large - £10.50

Baked Camembert with a whole bulb of slow roasted garlic, served with redcurrant jelly and
Toasted bread. £10.25

Homemade smoked mackerel pate served with toast and horseradish sauce. £8.50

MAINS

Butchers' faggots in a rich onion gravy served with creamed potato and mushy peas. £12.50

Traditional beer battered haddock, served with chunky chips, mushy peas and homemade
tartar sauce. £14.95

Lamb and mango curry served on a bed of rice, with naan bread and poppadom. £14.50

Homecooked ham with two free range fried eggs, served with chips and dressed salad. £11.95

Five bean chilli served on a bed of rice with crème fraiche and tortillas. £10.95

10oz sirloin steak cooked to your liking, with roasted tomato, onion rings, peas and chunky chips.
£22.95

Add homemade peppercorn or stilton sauce for £2.50

Sea bass fillets on a bed of stir-fried vegetables, prawns and samphire served with
new potatoes. £16.50

Classic beef burger in a bun, topped with cheese and bacon, served with chunky chips, salad
and burger relish. £12.95

Steak and ale pie topped with homemade shortcrust pastry served with chips and peas. £14.75

Creamy fish pie with a potato topping served with fresh seasonal vegetables. £14.75

Asian spiced bean burger served in a bread bun with dressed salad and chunky chips. £12.95

Flat fish of the day, oven baked, served with fresh seasonal vegetables and new potatoes. £15.95

Fresh local crab thermidor served with dressed salad and chunky chips. £17.95

Traditional ploughman's with cheese or ham with homemade chutney, pickled onion, apple and
fresh bread. £11.95



CHILDREN

4oz beef burger in a soft white bap, served with chips and salad garnish. £7.50

Local butchers' sausages with creamed potato, peas and gravy. £7.95

Battered fish goujons with chips and mushy peas. £8.95

SANDWICHES

Lunchtime only

All come with dressed salad, and fresh tortilla chips.

Prawn Marie-Rose. £12.50

Home roasted ham with English mustard. £8.50

Chicken, bacon, mayonnaise and lettuce. £9.95

Simple egg mayonnaise. £6.50

Pure white crab and crisp lettuce. £14.95

SWEETS

Raspberry vacherin. £6.00

Sweet tortillas with caramelised orange, cinnamon sugar and ice cream. £5.25

Sticky Toffee Pudding. £6.25

White chocolate panna cotta with mixed berries. £5.75

Ice Cream – Vanilla, chocolate or strawberry. Small £3.50, Large £4.75