

Lunch at The Halzephron Inn

Daily 12.00 until 2.30pm

Starters and light bites

Homemade soup of the day, served with brown or white roll.

Small bowl...£4.75 or Large bowl...£5.95

Chowder of Cornish seafood with prawns and smoked salmon, laced with cream, served with a brown or white roll.

Small bowl...£6.95 or Large bowl...£8.95

Chef's homemade crab cake, served with mixed leaves and sweet chilli dipping sauce...£8.95 or as a main course served with chips and salad garnish...£16.95

Crispy blanch bait served with brown bread and butter, homemade tartar sauce and dressed salad...£8.95

Breaded Brie or goat cheese with Cumberland dipping sauce, served with salad garnish... £8.50

Strips of prime local fillet steak, pan fried to medium with walnuts and balsamic dressing, served on a bed of leaves...£9.50

Mains

Local butchers sausages on a bed of grainy mustard mash with onion gravy... £11.95

Hand carved local ham, with two free range eggs, chunky chips and salad...£10.25

Fillet of cod in a real ale batter, served with chunky chips, garden peas and homemade tartar sauce...£13.95

Wholesome steak and ale pie, topped with homemade shortcrust pastry, served with rustic chips and garden peas...£13.95

Fresh Cornish white crab meat in a creamy Thermidor sauce, baked with a little cheese on top, served with new potatoes and seasonal vegetables...£16.95

Three egg omelette filled with prawns, served with chunky chips and a salad garnish...£10.95

Butternut squash and leek crumble, served with vegetables and new potatoes...£11.95

Fillet of Bass with garlic butter on a bed of roasted vegetables, with Anna potatoes...£15.95

Hake topped with brie and sweet peppers, served with vegetables and new potatoes...£16.95

Creamy mushroom and pepper stroganoff served with basmati and wild rice...£11.95

Sweet potato and five bean chilli served with basmati and wild rice...£10.95

Creamy macaroni cheese bake, served with a brown or white roll...£8.50

Salads, Sandwiches and Hot Filled Splits

Salads

All of our salads come with a choice of brown or white roll.

Smoked salmon platter with cream cheese...£10.95

Single cheese ploughman's with homemade sweet chutney...£9.95

Three cheese OR hand carved ham ploughman's with homemade sweet chutney...£11.50

Fresh local white crab meat...£15.95

Sandwiches

All of our sandwiches come on a choice of brown or white bread, with potato salad and dressed leaves.

Smoked salmon, cucumber and cream cheese...£8.95

Pure white crab meat...£13.95

Hand carved local ham and English mustard...£6.95

Simple egg and mayonnaise...£5.95

Hot Filled Splits

All of our splits are served with salad garnish and chunky chips.

Bacon, mushroom and tomato...£8.95

Minute steak with red onion marmalade, topped with brie and mushroom...£10.95

Goat cheese with homemade apricot chutney and jalapeño peppers...£8.95

Side orders

All £3.50

Mixed Salad * Seasonal vegetables * Chunky chips * Bread basket * Local new potatoes