

DINNER AT THE HALZEPHRON INN

DAILY 6.00PM UNTIL 9.00PM

All of our dishes are made daily on the premises, if you have any dietary requirements please talk to a member of staff who will gladly help you make your choice from our menu.

STARTERS

Large bowl of soup, served with homemade bread. £5.95

Chowder of Cornish seafood, laced with cream, served with a fresh brown or white roll. Small £6.25 or Large £7.75

Creamy garlic mushrooms with a crispy garlic roll. £6.25

Dave's crab cake with sweet chilli dip, served on a bed of mixed leaves. £8.95, or as a main course served with chunky chips and salad. £14.95

Fresh local mussels steamed in white wine with shallots and cream, served with fresh bread. £8.95

Roasted brie and garlic with red onion marmalade, served with bread. £5.95

Crispy blanchbait, served with dressed salad, homemade tartar sauce and brown bread. £7.75

Pan fried strips of fillet steak with rocket, walnuts and red wine syrup. £9.95

MAINS

Lamb's liver and crispy bacon in a rich onion sauce, served with vegetables and new potatoes. £10.25

Fillet of cod in beer batter, served with chunky chips crushed peas and homemade tartar sauce. £11.95

Hearty root vegetable and sweet potato stew, with pearl barley, thyme and roasted garlic, served with homemade bread. £9.95

Fresh Cornish white crab meat baked in a thermidor sauce, topped with melted cheese, served with vegetables and new potatoes. £14.95

Roasted breast of duck with a red wine and plum sauce, on a bed of red cabbage, with Anna potatoes. £15.95

Surf and turf fillet steak, topped with crayfish tails, served with garlic and tarragon cream sauce, hand cut chips and crushed peas. £21.95

Sirloin steak served with homemade onion rings, mushrooms, crushed peas and chunky chips. £18.95

Steak and Guinness pie topped with shortcrust pastry and served with vegetables and new potatoes. £11.50

Stroganoff of mixed mushrooms and bell peppers, served on a bed of rice. £10.25

Grilled horseshoe gammon steak with fresh pineapple, served with chunky chips and crushed peas. £10.25

Sautéed strips of chicken breast with cashew nuts, mixed bell peppers and a grain mustard sauce, served with seasonal vegetables and new potatoes. £11.25

SIDE ORDERS ALL £3.50

Garlic Bread * Bowl of chunky chips * Seasonal Vegetables * Cornish New Potatoes * Mixed Salad

Basket of Homemade Bread * Peppercorn Sauce * Creamy blue cheese sauce.

Please see our various boards for daily specials, fish dishes and sweets.

The Halzephron Inn. Gunwalloe, Helston, Cornwall, TR12 7QB. 01326 240406