THE HALZEPHRON INN

Welcome back to our lovely Inn, we have missed you.

These are strange and new times for us all, we are doing our utmost to keep you safe while still having an enjoyable time, we appreciate your patience in these new times. For the time being we will be running a reduced menu, which will be updated frequently.

Starters and light bites

Homemade smoked mackerel pâté served with toasted ciabatta bread and horseradish sauce. £7.50 Chowder of Cornish seafood served with a homemade roll and butter. Small - £7.95 Large - £9.95 Homemade soup of the day served with homemade roll and butter. Small - £5.50 Large - £6.95 V Indian spiced whitebait served with salad, fresh bread and raita. £9.95 Baked camembert and whole roasted bulb of garlic, with redcurrant jelly and toasted ciabatta. £9.75 V Prawn and mango cocktail, on a bed of crispy lettuce, served with fresh bread. £9.95 Smoked haddock fishcake with a curried mayonnaise and fresh salad. £8.50 Onion bhajis with mango chutney. £6.95 V VG

Mains

Local butchers' faggots with mash and onion gravy. £11.75 Five bean and sweet potato chilli served with nachos and topped with vegan cheese. £11.25 *V VG* Homemade steak and ale pie topped with shortcrust pastry served with mash potatoes and peas. £14.50 10oz Rib eye steak cooked to your liking with chips, onion rings and tomato. £22.95 Add peppercorn sauce or blue cheese sauce - £2.50 or chipotle pepper or lemon and parsley butter - £2.00 Thai style vegetable curry served with wild rice, naan bread and poppadum. £11.95 V VG Harissa spiced chicken with a Moroccan influenced salad. £12.95 Beer battered cod with chips, peas and homemade tartar sauce. £14.50 Home cooked ham with two free range eggs, chips and salad. £11.50 Creamy macaroni cheese served with garlic bread. £9.50 V Smoked haddock fish cakes, served with chips, salad and a curried mayonnaise. £13.95 Confit duck leg on a bed of oriental noodles and vegetables with a homemade plum sauce. £16.95 King prawn Thai style curry served with wild rice, naan bread and a poppodom. £17.95

Children

Fish fingers, chips and beans. £6.50 4oz Beef burger in a soft white bap, served with chips and salad. £7.25 Local butchers' sausages with mash potato and gravy. £7.50 Creamy macaroni cheese with garlic bread. £6.25 V

Salads

Lunch time only. Traditional ploughman's served with homemade chutney and fresh bread, choose from: Cheese. £10.95 V Or Ham. £11.95

Panzanella Bread Salad a choice of: Tuna steak. £12.50. Chicken and Bacon - £11.50. Breaded goat cheese - £10.95 V

Sandwiches

Lunch time only All served in a soft white ciabatta with tortilla chips and salad garnish

Simply Crab, pure white local crab meat on a bed of crispy iceberg lettuce. £14.95 Mature Cornish cheddar cheese with homemade chutney. £6.50 V Chicken, bacon, lettuce and tomato. £8.95 A naughty Fish finger sandwich with homemade tartar sauce with iceberg lettuce. £7.95 Smoked salmon and cucumber. £9.95 Steak, onion and mushroom. £11.95 Hummus, carrot, sultana and mixed leaves. £6.50 V VG

Homemade Sweets

All served with a choice of clotted cream, vanilla ice cream or custard. Sticky toffee pudding. £5.95 Raspberry meringue vasherine. £5.50 Strawberry Eaton Mess. £5.75 Triple chocolate brownie. £6.25 Cheese platter. £8.95 A choice of 3 from the following: Cornish Cheddar, Stilton, Brie, Goat cheese, Yarg.

Roskilly's Ice Cream.

Small - £3.00. Large - £4.50 Clotted cream vanilla Chocolate Strawberry Caramel crunch VG Sorbet (please ask)

Please see our specials boards for more dishes.

V = Suitable for vegetarians VG = suitable for vegans.

The Halzephron Inn, Gunwalloe, Helston, Cornwall TR12 7QB. 01326 240406 <u>www.halzephron-inn.co.uk</u> You can also find us on Facebook, Twitter and Instagram