

Sunday Lunch and Light Bites at The Halzephron Inn

12.00 noon until 3.00pm

All of our dishes are made daily on the premises, using the finest local produce, if you have any special dietary requirements, please talk to a member of staff who will gladly help you make your choice from the menu.

Please have your table number when placing your food order

Homemade soup of the day, served with our brown or white roll.

Small bowl..£4.50 or Large Bowl..£5.95

Chowder of Cornish seafood, laced with cream, served with fresh brown or white roll.

Small bowl..£6.95 or Large Bowl..£7.95

Chef's homemade crab cake, served on a bed of mixed leaves with a sweet chilli dipping sauce..£8.95 or as a main course..£15.95

Crispy blanchbait served with brown bread and butter, homemade tartar sauce and dressed leaves..£7.95

Hand carved local ham, with two free range eggs, chunky chips and salad..£9.95

Fillet of cod in a real ale batter, served with chunky chips, garden peas and homemade tartar sauce..£12.95

Fresh Cornish white crab meat in a creamy thermidor sauce, topped with a little melted cheese, served with new potatoes and seasonal vegetables..£16.95

Butternut squash and leek crumble, served with vegetables and new potatoes..£11.95

Creamy mushroom stroganoff, with mixed mushrooms, bell peppers and onions, served on a bed of wild rice..£10.95

Fresh crab salad, served with a brown or white roll..£15.95

Pure white crab meat sandwich served with potato salad and salad garnish..£12.95

Smoked salmon, cucumber and cream cheese sandwich served with potato salad and salad garnish..£8.95

Hand carved ham and English mustard sandwich with potato salad and salad garnish..£5.95

Please see blackboard for our choice of traditional roast dinners

Side orders, all £3.50

Mixed Salad * Seasonal Vegetables * Chunky Chips * Basket of Bread * Local New Potatoes

The Halzephron Inn, Gunwalloe, Helston, TR12 7QB 01326 240406

www.halzephron-inn.co.uk also find us on Facebook and twitter